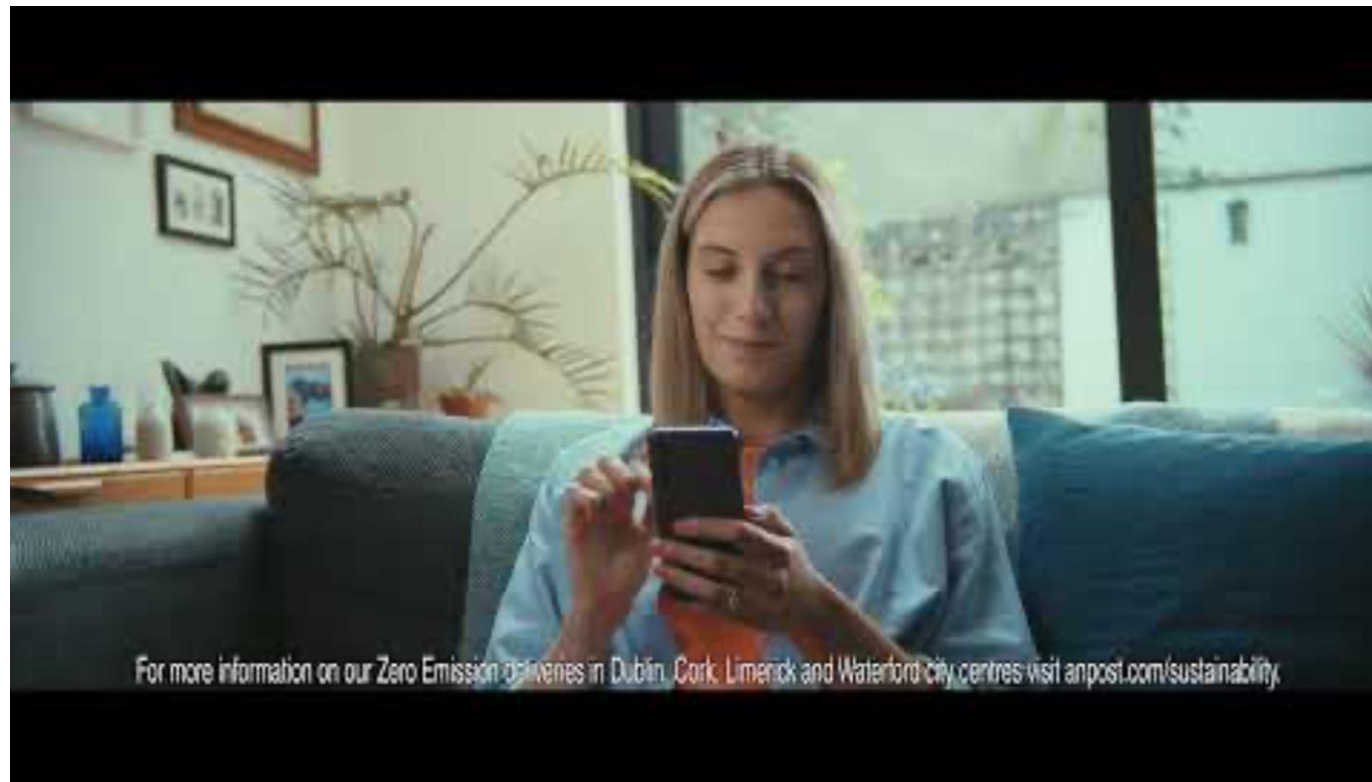


Think and Talk

- What does 'community' mean?
- What communities are you a part of? (Think about your town, your clubs, places you like to visit)
- What do you like about your communities?
- How do you protect or look after your community?
- How does it make you feel to be part of a community?
- Why is it important to be in a community?



Check out what An Post are doing to care for communities!



Reflecting on the Video

- How do An Post leave their mark on communities?
- Who is impacted by the work of An Post?
- How do you leave your mark on your community?
- Who do you help? Who are you kind to? Why?
- What else might you do to help others in your community?
- How could you leave the biggest and best mark on your community?



Key Words

- Sustainable
- Biodiversity
- Reduce, Reuse, Recycle

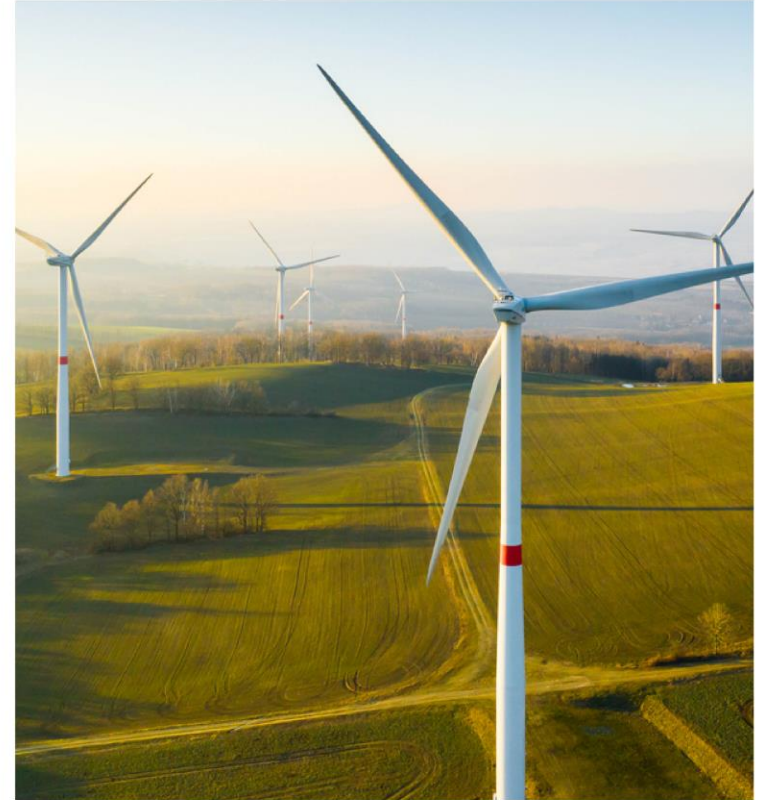


Key Words

- Care
- Nurture
- Community
- Diversity
- Inclusion



Sustainability



Biodiversity



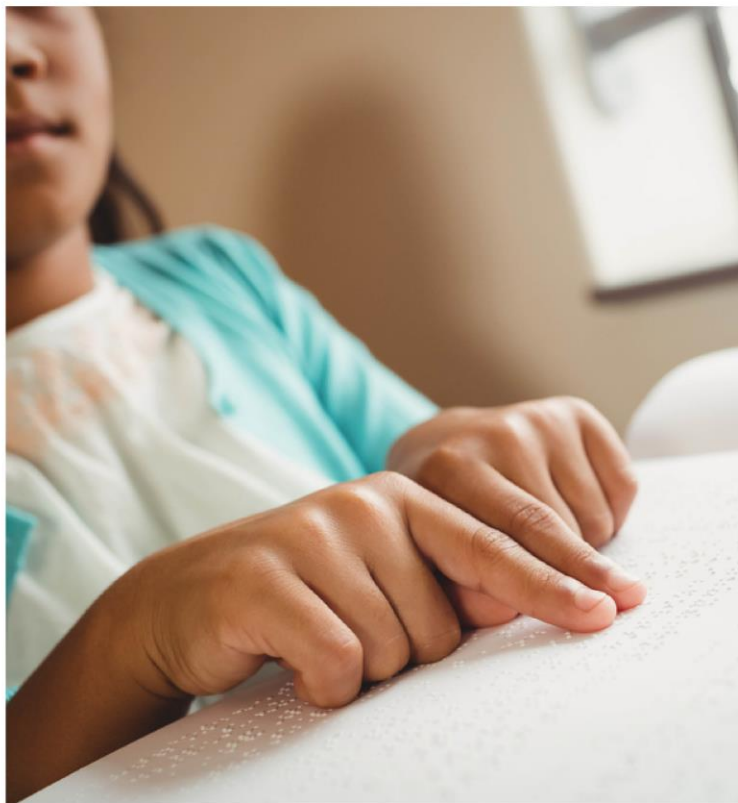
Reduce, Reuse, Recycle



Diversity and Inclusion



Reading for All



Sample Letter



Dear 3rd and 4th Class,

25/02/25

I hope this letter finds you safe and well. Recently, I've been thinking a lot about the beautiful communities that I am a part of and how I could make a positive impact on them. I've been looking around and have been really inspired by the action some people are taking. I wanted to share some cool ideas with you and inspire a ripple effect of positive change!

My first inspiration came from my friend Rory. He created "Rory's Recycling Registry" for his school. That gave everyone an idea of how to recycle every piece of waste in school. He also advises re-using materials - he is the reason I started writing on both sides of the page! I was thinking of putting together a guide for my school to share all of the knowledge I learned from my friend and put the ideas into practice in my own school community.

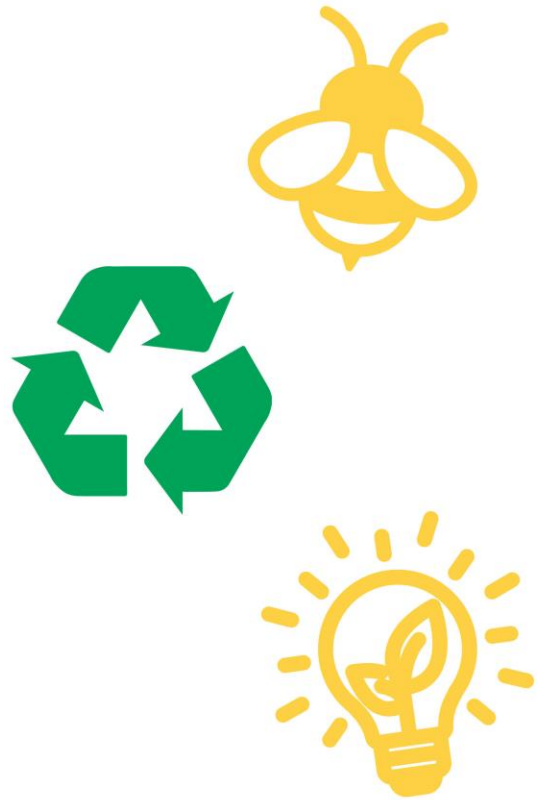
Have you ever heard of sustainability? My friend Greta inspired her school community by writing a letter and sharing it with every class in her school. She even shared it with other schools in her town. What does Greta recommend? We can learn about the small changes we can make, like using energy-efficient light bulbs and turning off appliances when not needed, to have a positive impact on our communities. When we share these messages with our communities, they can inspire loads of people and make a big difference.

My friend Ben has been telling me all about biodiversity and how his After School Club has been thinking of ways that we can change our environments to keep them diverse. He told me that we can plant wildflowers so bees can pollinate areas, not cut our grass as often and even grow our own vegetables. My town has a community garden where I could definitely use those ideas!



an
post

Sample Letter



25/02/25

My final piece of inspiration came from my Grandma... She asked me if I could teach her how to use the Internet to do some research online, and I thought about all the other elderly people that might not have a grandchild to ask. So, I talked to my teacher about sharing skills with residents of the local nursing home, and let me tell you -

She loved the idea! Now we have two days of skill-sharing per week, with volunteers in every class! Last week, I showed a man named Patrick how to find gardening videos online and he shared some stories about my town from before I was even born! I loved learning more about the history of my community.

Now, it's your turn to spread the community cheer - imagine if our ideas could reach every corner of the community! What could you do to spread the message for everyone to get involved? I want to hear all of your ideas.

Remember, even the smallest actions can create big waves of change. By sharing how we care for our communities with others, we become ambassadors for a world full of better, more inclusive and caring communities. I can't wait to hear your amazing ideas and see how our actions can make a world of difference!

Excitedly waiting for your reply,
Mark Green



an
post

Questions

- Who are Mark's friends?
- What do Mark's friends recommend?
- How might you reply to Mark?
- Who do you think should care for the community? Why?
- What do you think you could do to motivate your community to get involved?



an
post

